

Union County, Arkansas 2002 BRFSS



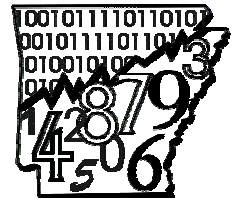
ADRDN

Arkansas Delta Rural
Development Network



Behavioral Risk Factor Surveillance System

Arkansas
Center for
Health
Statistics





What is the Union County 2002 BRFSS?

The BRFSS is the world's largest continuously conducted telephone survey. It covers issues surrounding chronic illness and premature mortality, as well as other health-related topics. All 50 states, Puerto Rico, Guam, and Washington D.C. participate. Union County along with Dallas and Ouachita Counties participated in county level BRFSS studies sponsored by Hometown Health.



In Union, Dallas, and Ouachita Counties...

- Interviews were conducted with 1287 people who live in Union, Dallas, and Ouachita Counties in Fall 2002.
- There were 412 respondents from Union County, 431 from Dallas County, and 444 from Ouachita County.
- Of the 1287 interviews, 475 were with men and 812 were with women.



What was the most common cause
of death for Arkansans in 2000?

Heart Disease

- ✦ Heart disease is the most common cause of death for people who live in Union County, in the state of Arkansas, and in the United States.

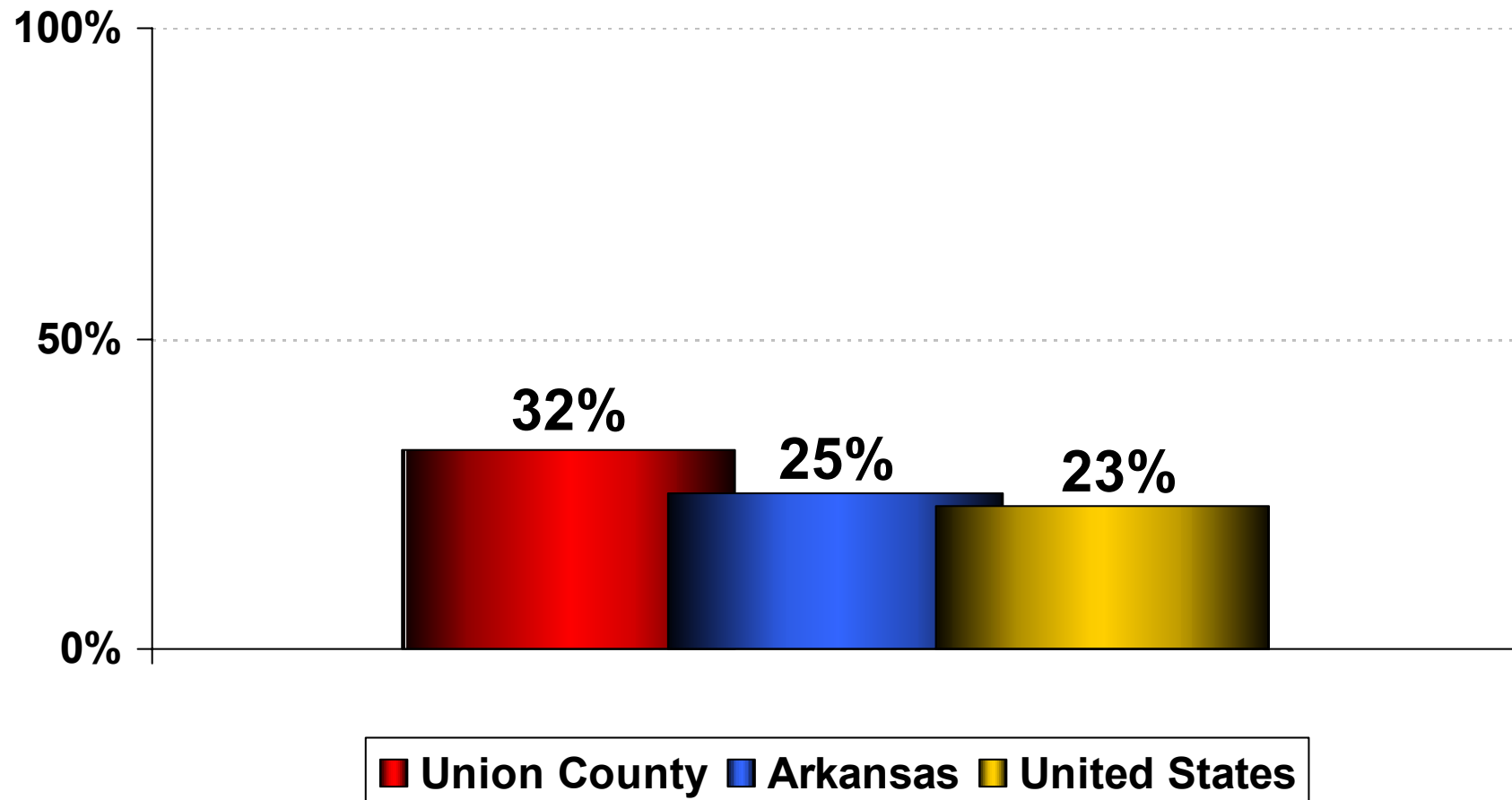


Cardiovascular Disease Risks Measured Include...

- ✦ Using tobacco
- ✦ Being overweight
- ✦ Having a sedentary lifestyle
- ✦ Having a poor diet

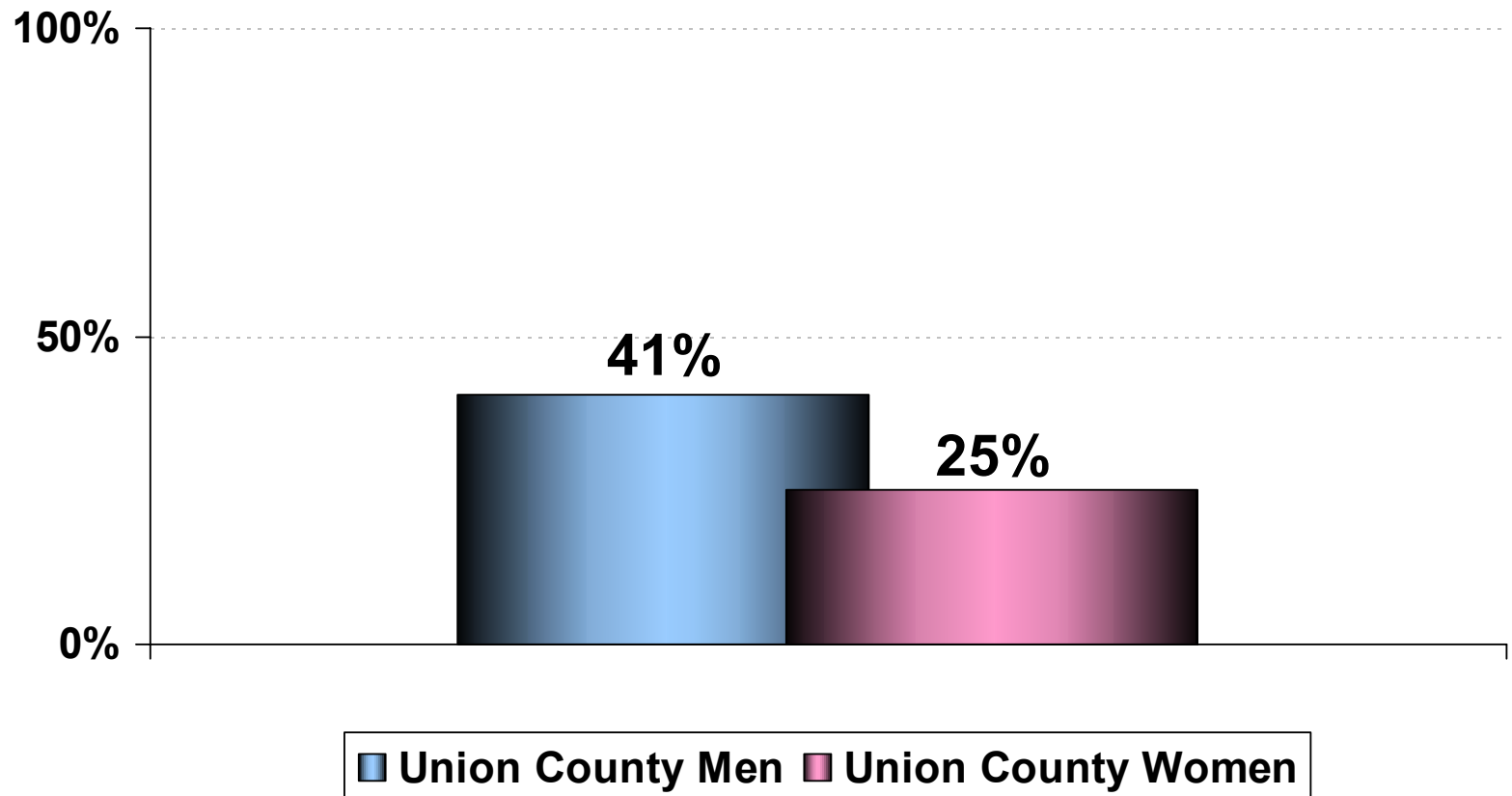


Currently Smoke Cigarettes

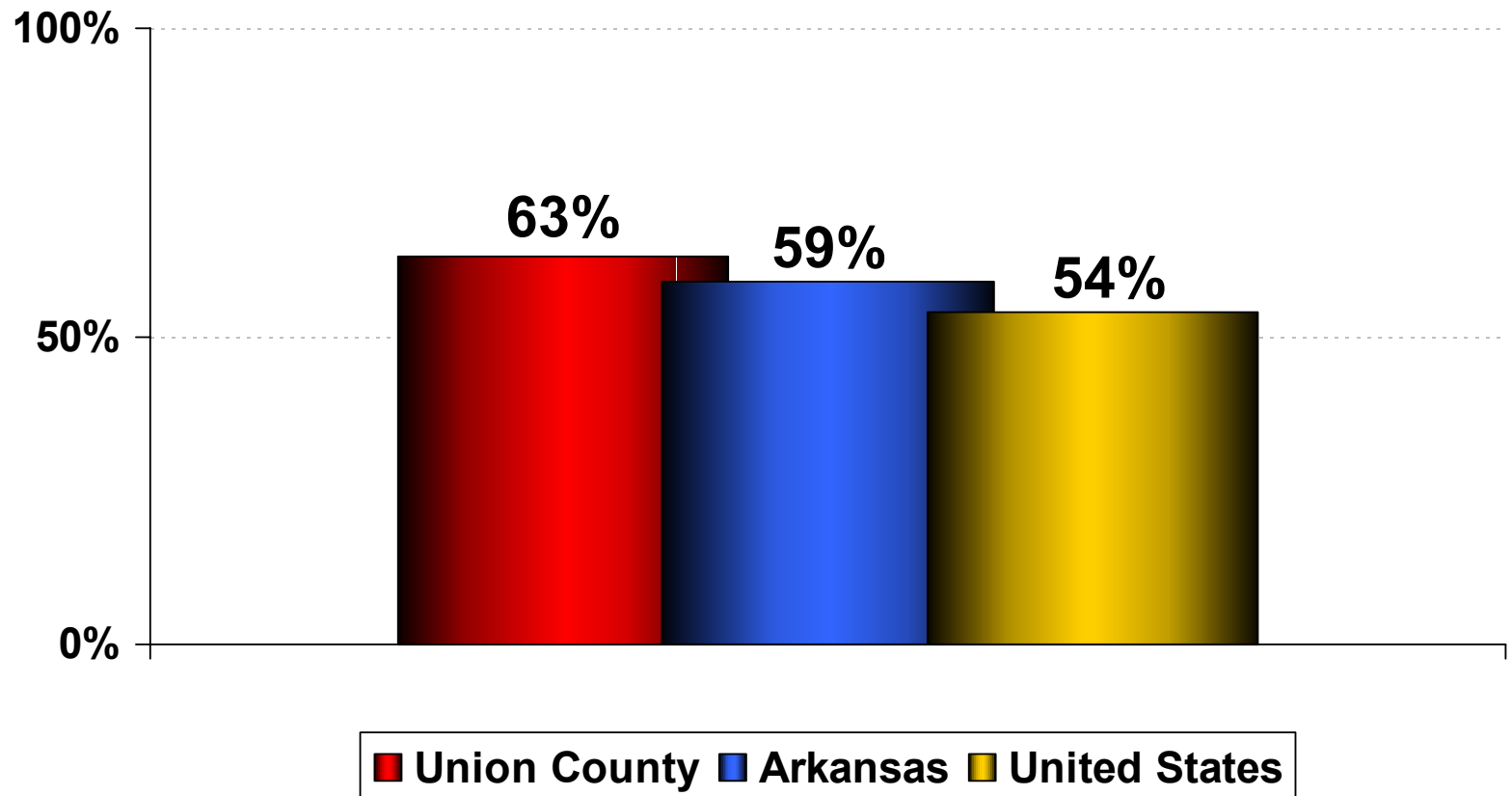




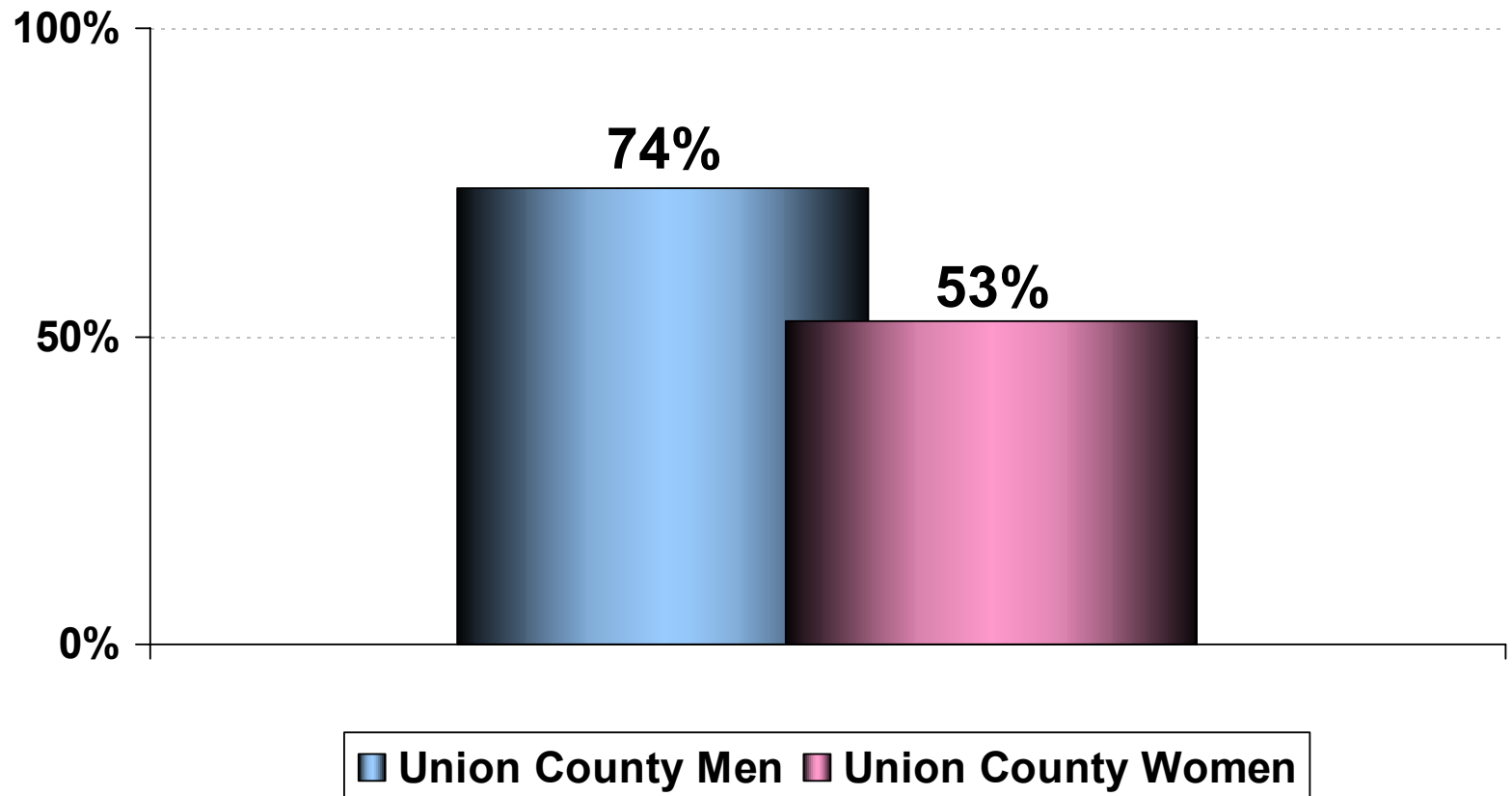
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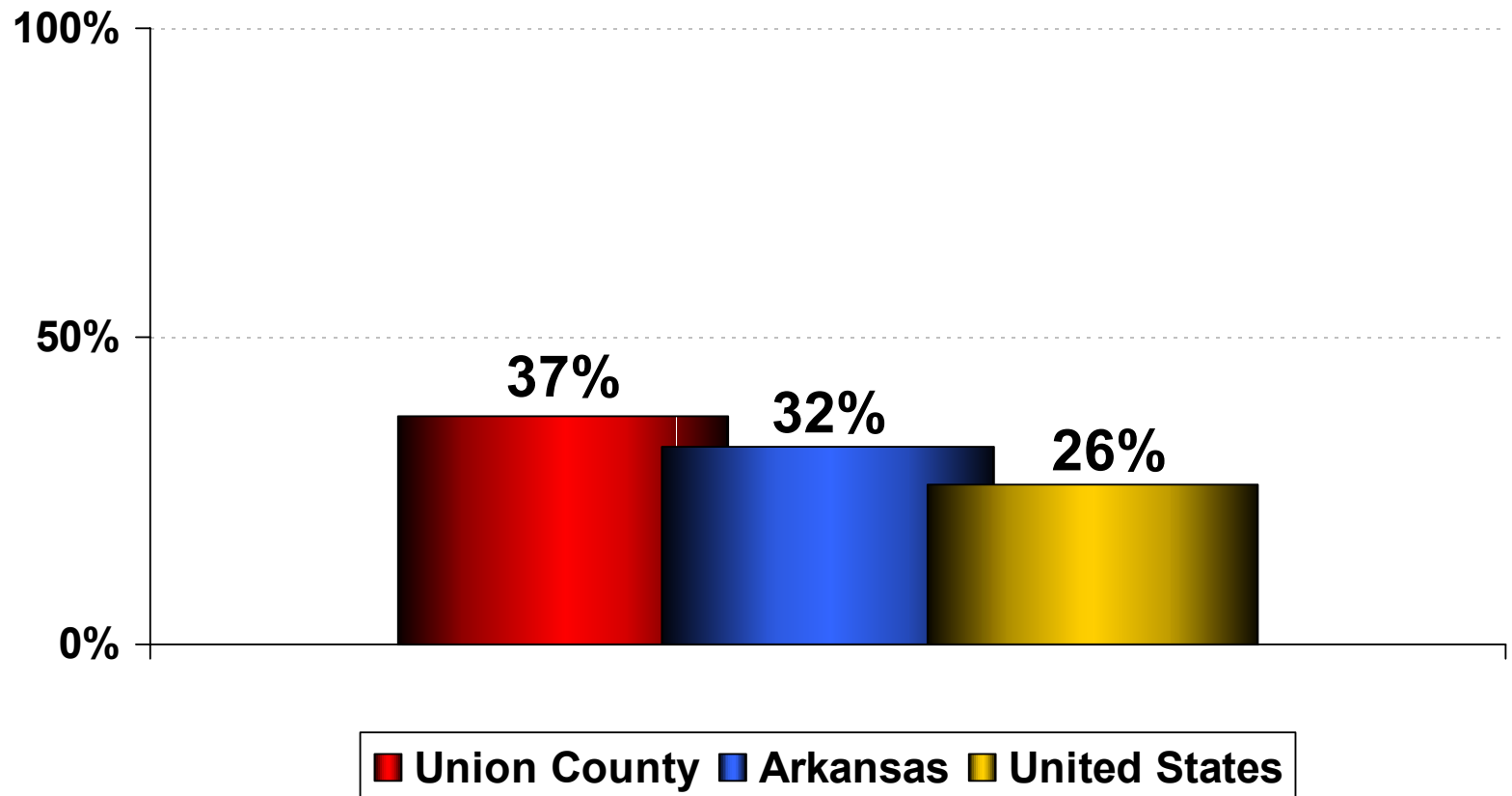
Overweight as Measured by Body Mass Index



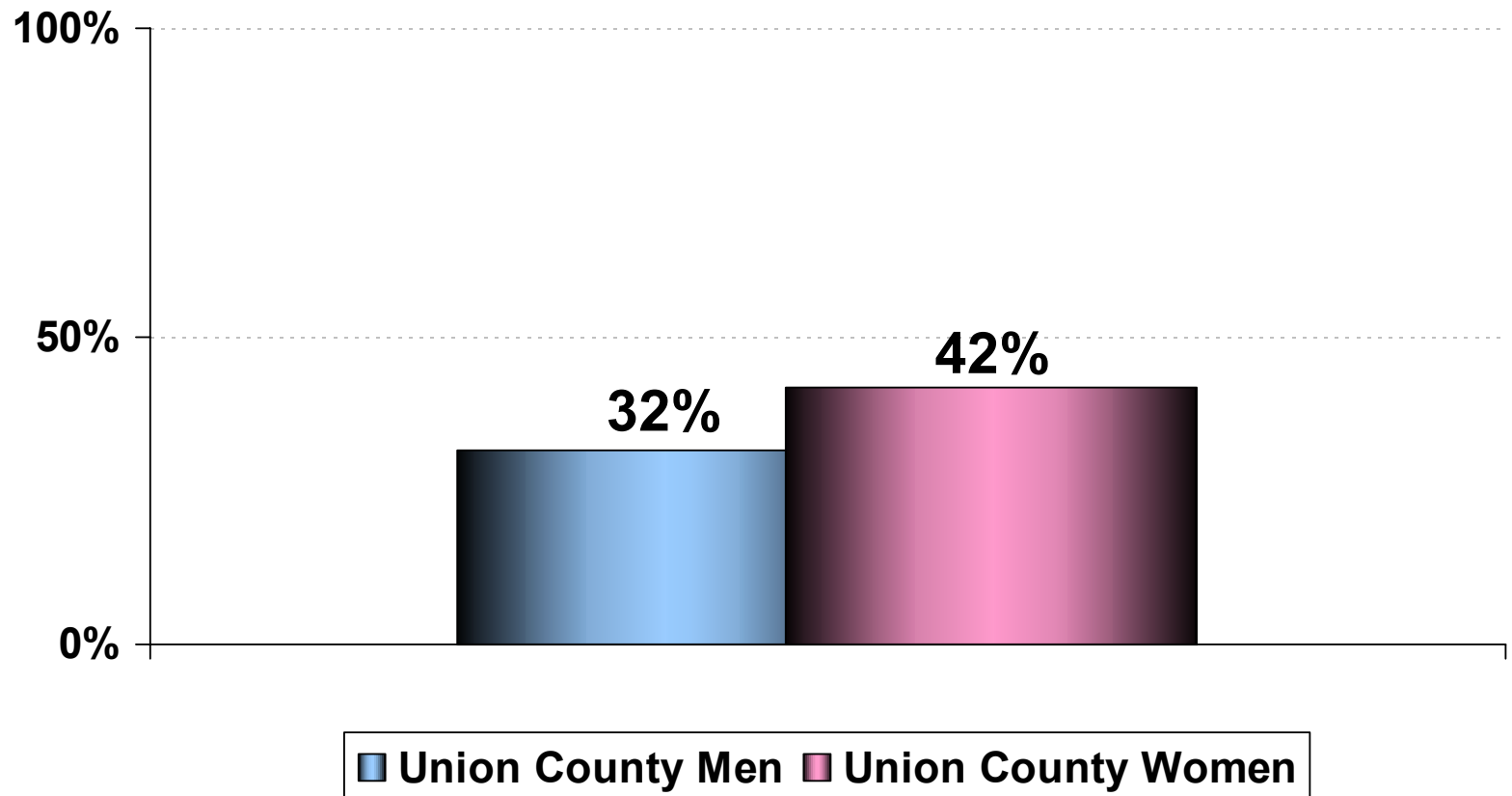
Overweight as Measured by Body Mass Index



Do Not Participate in Any Physical Activities



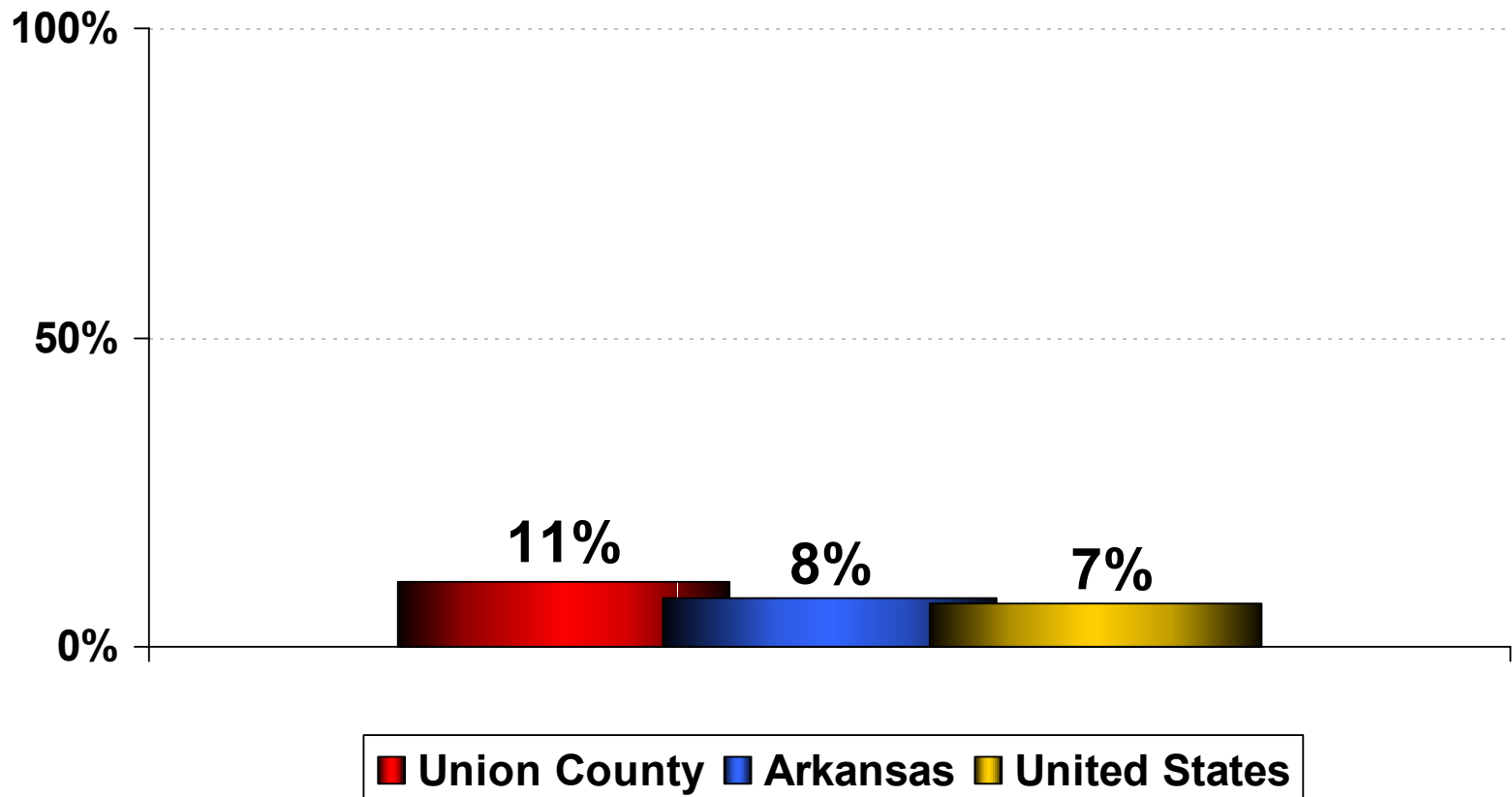
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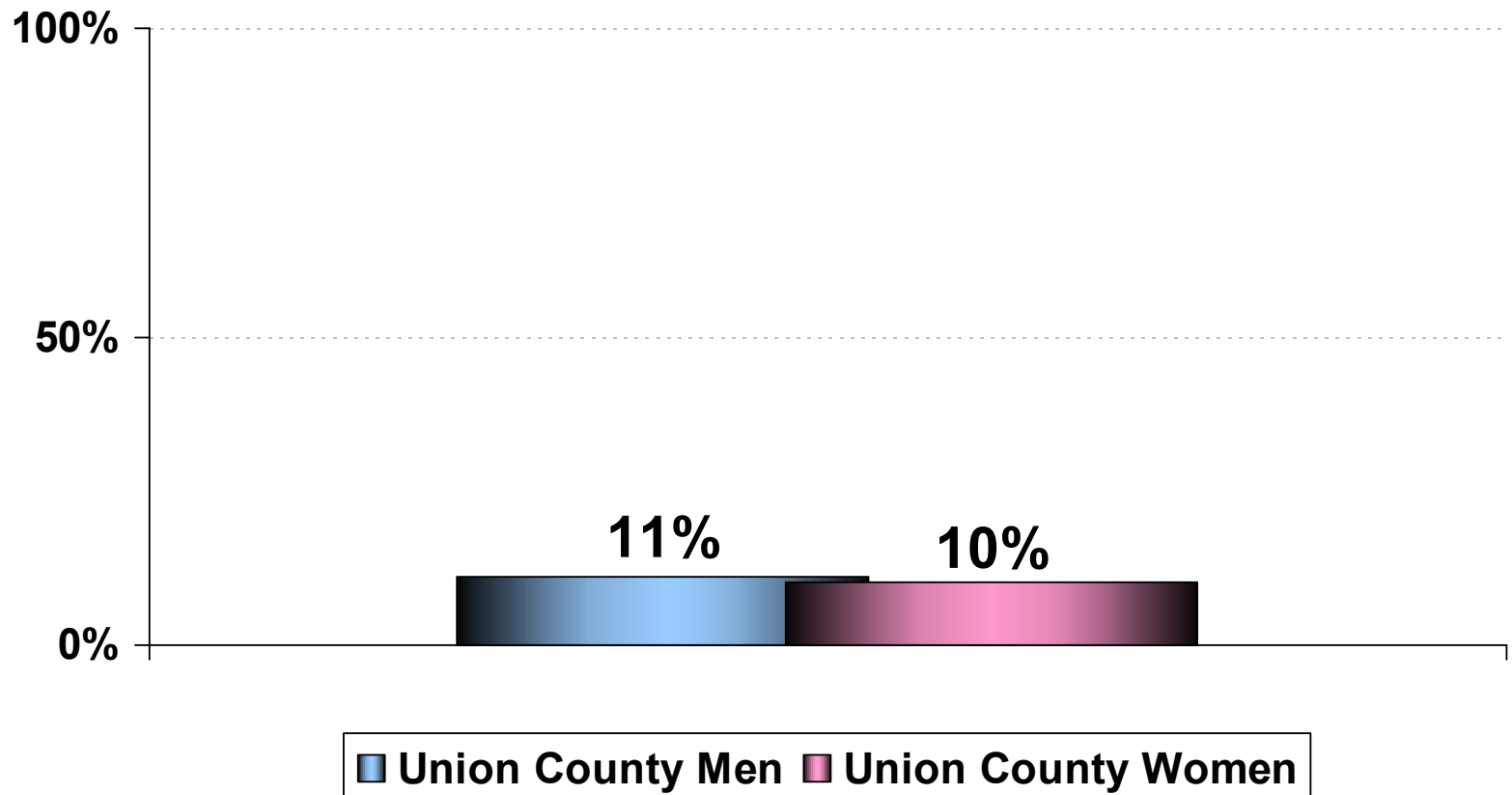
Selected Other Major Risk Factors



Have Been Diagnosed with Diabetes

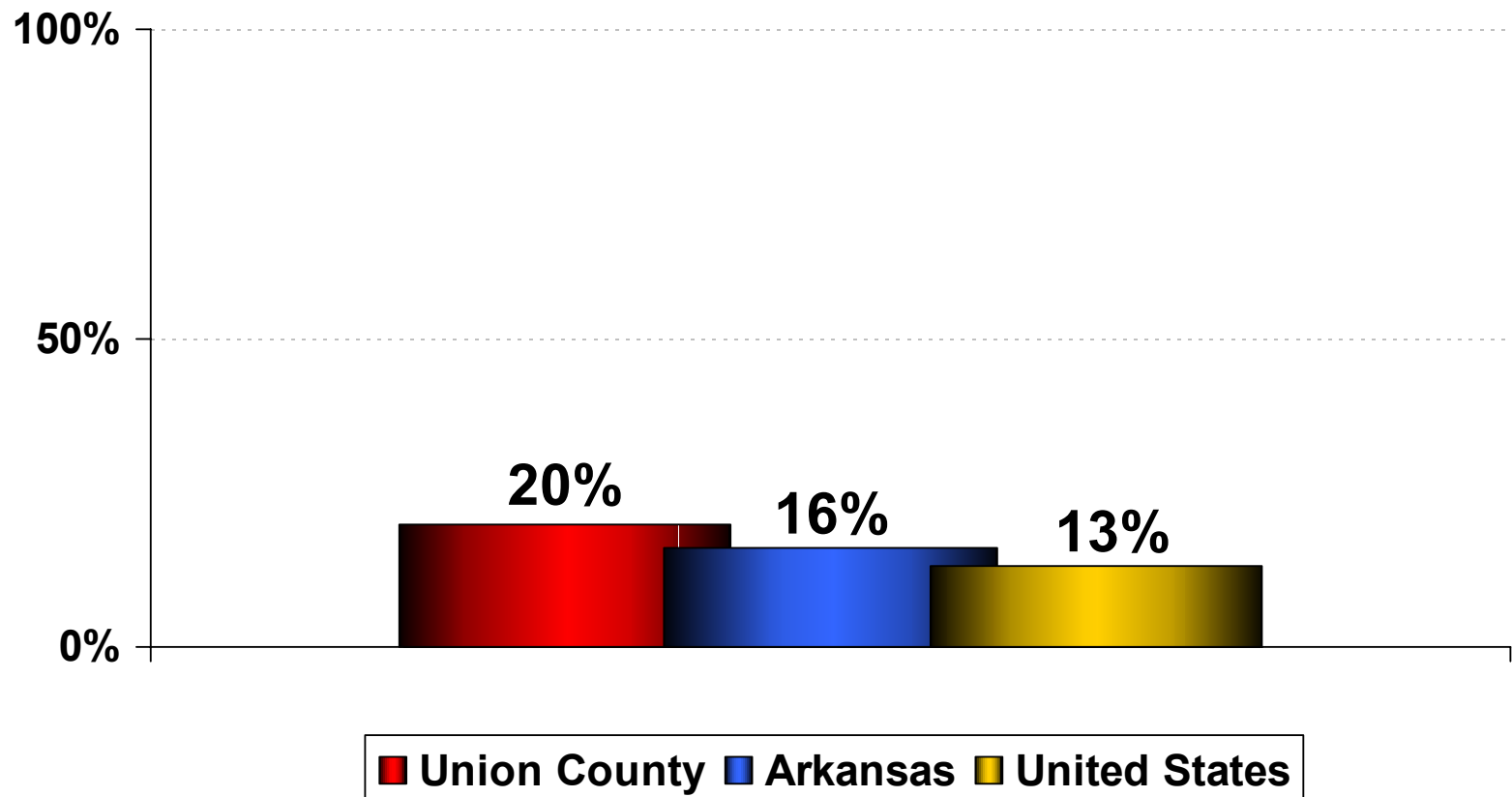


Have Been Diagnosed with Diabetes



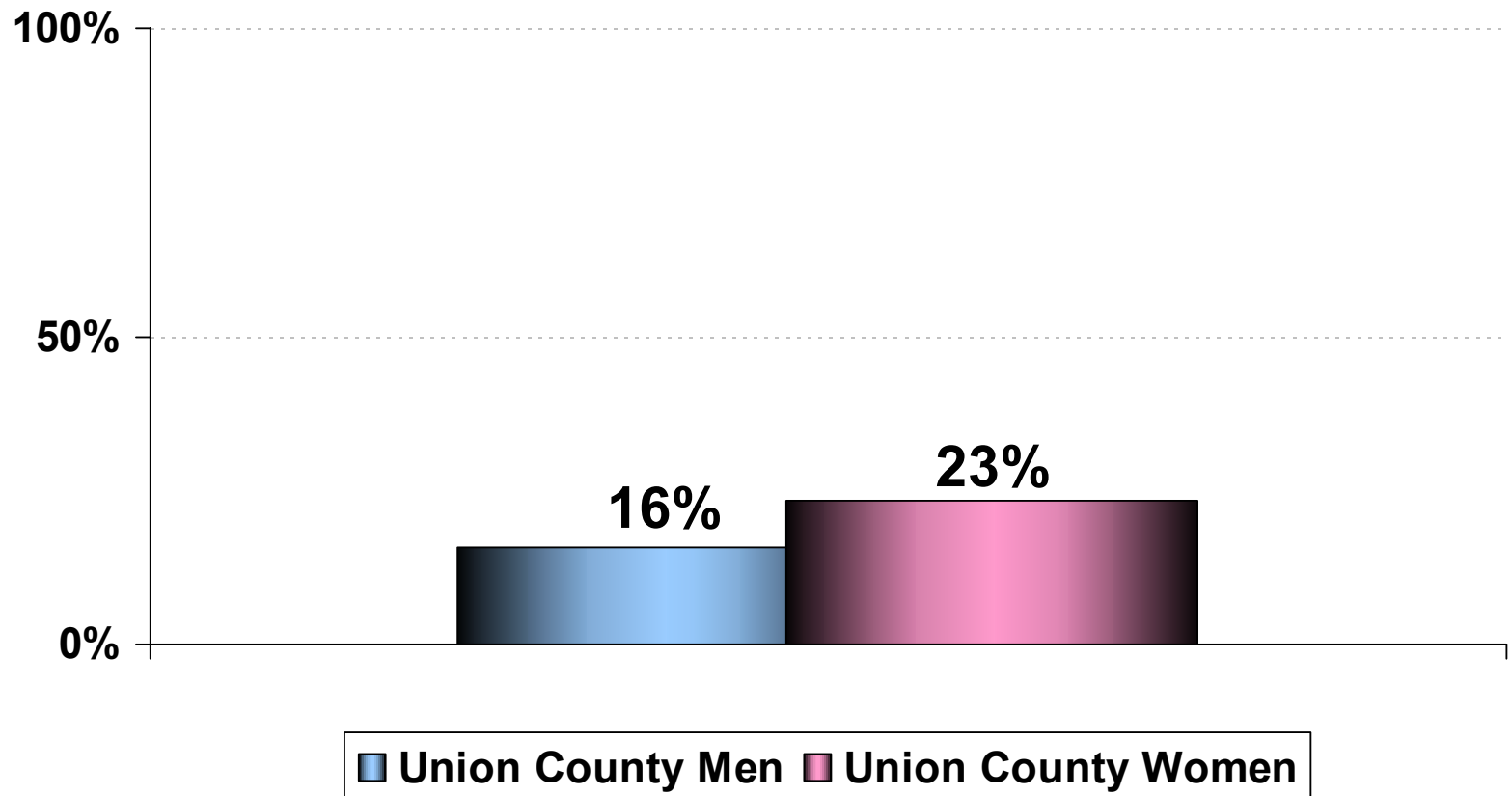


Do Not Have Health Insurance

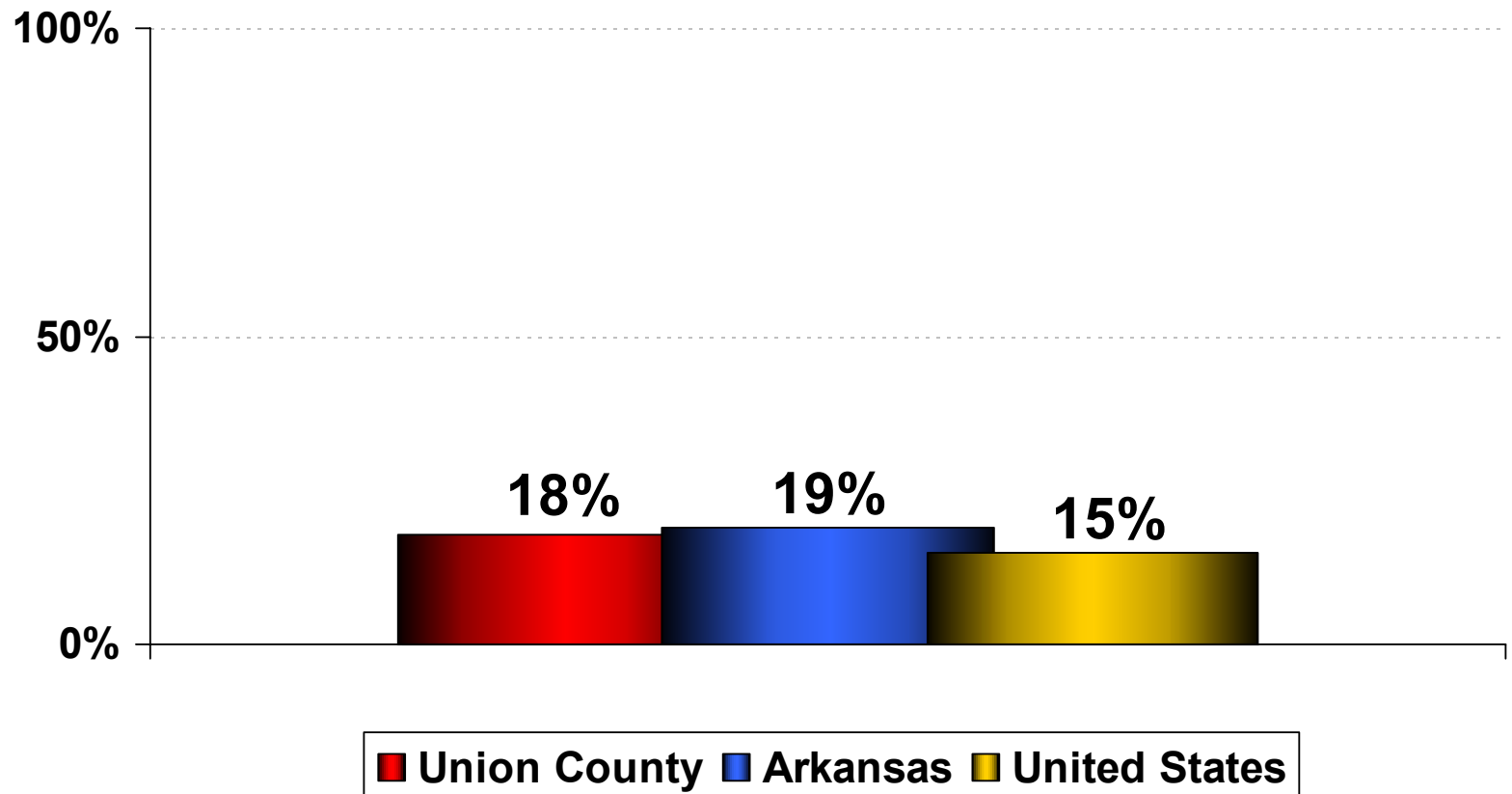




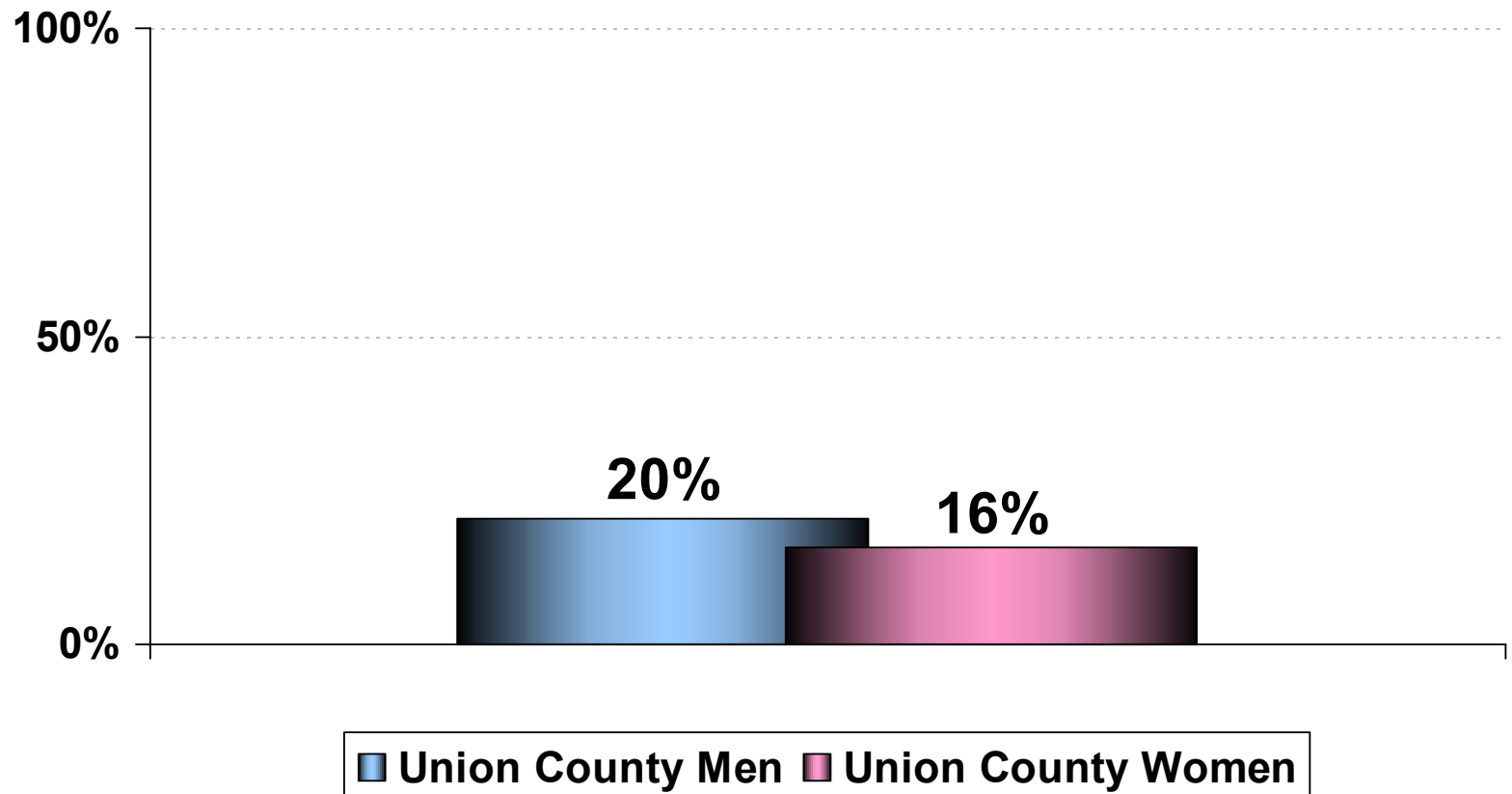
Do Not Have Health Insurance



Haven't Had Routine Checkup in Past 2 Years



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What can our Hometown Health Coalition do to make a Difference?

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- Conduct a YRBS to find out when your residents start some of these risk behaviors.